

Dear Patient,

When extractions are going to take place for dentures, there are several things that you must be aware of:

1. You will be undergoing surgery. Please realize that you will have pain, bleeding, and discomfort.
2. Suck ice chips after the extractions. This will help control swelling.
3. Use an extra pillow the night after surgery. Elevating the head will help the healing process.
4. Do not remove the dentures the first day no matter how uncomfortable you may feel. There will be swelling after the surgery and if you remove the dentures, they may not go back in. As a result, you may have to wait several days before the dentures can be placed back in the mouth (until the swelling goes down). During that time you would be without teeth. So, don't take them out!
5. You will be seen the day following your surgery. At that time, you will be given a mouth rinse, the dentures will be removed for the first time after surgery, and medication may be given to you (if not already prescribed for you) for pain or infection.
6. For the next two weeks, wear the dentures night and day, taking them out only for cleaning after meals.
7. During the healing period, there will be several adjustments and short visits to get your dentures to feel comfortable. Please be patient during this time. All your concerns will be addressed. Our office will help you get through this difficult time.
8. After extractions, many times the lips feel full. This is also normal. During the healing period, this will correct itself so that all will eventually feel normal again.
9. As you heal, soft liners will be placed in the dentures to fill in the gaps which develop between the denture and the ridge. Your first soft liner will be placed approximately two weeks after the initial surgery.
10. In between appointments for replacing the soft liner, the denture may become loose due to the healing process. This is normal and expected. Use denture adhesive to hold the denture in place. When the adhesive is no longer effective, the soft liner will be replaced.
11. When total healing has taken place (four to six months), a hard reline will be done. This is the final liner that will be done and it will make the denture fit the healed mouth.
12. Remember, do not wear denture adhesive on the days you have appointments in our office.

Thank You For Your Patience!